

the yoga look

PHOTOGRAPHY BY CHARLES HOPE

MODELS: ABBY-LYNN KNORR, TRACY MANN, VALERY PETRICH

HAIR AND MAKEUP BY CALEY PYLYPIW, ARTISTS WITHIN

THANK YOU TO HELIA SPORT, TRI IT, YUDU FASHIONS,

NEW AGE SPORTS FOR THEIR ASSISTANCE.

Workout wear been through the wringer?
No reason to get bent out of shape—lots of
designers are giving yoga a brand new twist.



Parsvottanasana

Ardha Padmasana

Parsvottanasana (Intense Side Stretch), Ardha Padmasana (Revolving Lotus Pose): Tonic, cranberry Harbour tank, \$66, ash bootcut pant, \$98.



Salamba Sirsasana

Virabhadrasana II

Chakrasana or Urdhva Dhanurasana



Utthita Padangusthasana

Vrksasana

Trikonasana

Parsva Bakasana

Siddhasana

Salamba Sirsasana (Supported Headstand): New Balance, Grotto Blue/Just Blue It Tonic 2.0 crop, \$40, Carob/Grotto Blue Spin shorts, \$30; Virabhadrasana II (Warrior Pose II): Lotuswear, plum Jiva tank, \$54, charcoal Shiva capri, \$93; Chakrasana or Urdhva Dhanurasana (Upward Bow Pose, Backbend, or Wheel): Tonic kiwi Abbot tank, \$70, fig Nelson capri, \$96; Utthita Padangusthasana: Fila, red men's C & S tee, \$24.99,

black men's fitness pant, \$79.99; Siddhasana (Lotus Pose): New Balance, Grotto Blue/Crown Royal Kaspian half-zip top, \$60, carob Adrenaline capri, \$45; Vrksasana (Tree Pose): Contour Active Wear, rose Bata yoga pant, \$66, violet Salsa yoga capri, \$75; Parsva Bakasana: T by Tension, Lunar Licorice tank, \$59, black/tuner London pants, \$99; Trikonasana (Triangle Pose): Tonic, grape Lenora bra, \$52, grape Denman shorts, \$54.